



Title: **EARLY HEAD START - NEW MOTHER CARE KIT- COLLECTION PROJECT**
Reports To: Volunteer Specialist
Type: Volunteer Position
Duration: Short-Term Collection Project

Position Summary:

Increase the joy of motherhood with a care kit. Community Action Partnership of Ramsey & Washington Counties serves nearly 250 Early Head Start children yearly. Our team of Home Visitors assists pregnant women & families with youth from birth to age three to develop early education skills.

Benefits of Volunteering:

Fantastic team-building activity for a group of any size or age. Knowledge that you are helping new parents and children thrive!

Essential Functions:

Duties & Responsibilities:

- An individual or group of volunteers will host a collection drive and/or purchase items that will be assembled by that individual/team into kits
- For each collection/assembly effort a minimum of two kits are requested with at least five items per kit (any combination from the list below), more are welcome
- Submit a timesheet to the Volunteer Specialist
- If a group, the leader must keep track of the number of volunteers assisting and total hours donated
- Home-made/hand-crafted knitted, crocheted or sewn items are acceptable
- Please note that lavender scent is desired but any other scent or unscented is accepted

Materials to Collect/Purchase: (all must be new or gently used and clean)

- Blanket and/or Socks - soft texture desired
- Epsom Salt Soaking Solution
- Essential Oil Inhaler sticks
- Hand Sanitizer or Soap
- Ibuprofen or painkiller (new bottle only)
- Massager (handheld preferred)
- Nursing-related supplies (bra, cream, etc.)
- Perineal Irrigation Bottle
- Postpartum Support Affirmation Card Deck
- Sanitary Napkins (Overnight pads w/wings)
- Water Bottle - reusable
- Backpack or re-usable bag to place the items into (one per kit)

Miscellaneous optional items: (all must be new or gently used and clean)

- Baby Safety Gate, Cabinet Lock, Door Knob Cover and/or Electrical Outlet Cover-plugs or safety items
- Baby Soap, Shampoo, Wash Cloth, Comb and/or Lotion
- Burp Cloth, Bib and/or Pacifier
- Children's Book/New Stuffed Animal
- Crib Sheet, Twin Mattress Sheet or Sets, Blanket
- Diapers, Wipes and/or Diaper Changing Mat (portable)
- Home Cleaning Supplies Laundry Detergent, Softener, and/or Basket (infant-safe)
- Infant or Toddler Clothing (pants, tops, socks, shoes, et al), Potty Training Undies and/or Underwear

Please DO NOT include any additional items or notes. Thank you!

Qualifications:

Time Commitment:

Time depends upon how many kits that you wish to collect and assemble. This volunteer opportunity can be conducted entirely at your location and delivered to our St Paul office. We may have a room that you can reserve to assemble kits, if needed. Register *before* you begin collecting items and contact us *before* you drop them off.

Location: (drop off kits)

450 Syndicate St North, St Paul, MN 55104 (Office is located on the Green Line train route.)

REGISTRATION INFORMATION:

Complete a Short-Term Registration Form at www.caprw.org/volunteer *and* email/scan it to volunteers@caprw.org
Questions? Email volunteers@caprw.org or call 651-603-5979

The mission of **Community Action** is to reduce the causes of poverty and its impact on people's lives in our community. Community Action Partnership of Ramsey & Washington Counties provides a variety of programs including Energy Assistance, Energy Conservation, Head Start, Early Head Start, Civic and Community Engagement Programs. Visit www.caprw.org to learn more. 2019